# Montreat Road Scholars – Schedule for 2025 (by date)

# **February 23 - 28**

Program #22381 – Yoga for Wellness and Daily Living: The 8 Limbs of Yoga Program #22994 – The Beautiful and the Powerful of the Italian Renaissance Program #22396 – Curtain Up! Broadway Musicals in the Land of the Sky

#### March 2 - 7

Program #22381 – Yoga for Wellness and Daily Living: The 8 Limbs of Yoga

Program #20141 – The Legacy of the Scots-Irish: Historical Migration to Cultural Inspiration Program #22387 – Agatha Christie, Classic Film Mysteries and Sherlock Holmes' Legacy

### March 30 - April 4

Program #22387 - Agatha Christie, Classic Film Mysteries and Sherlock Holmes' Legacy

#### April 6 - 11

Program #22381 – Yoga for Wellness and Daily Living: The 8 Limbs of Yoga

Program #20141 - The Legacy of the Scots-Irish: Historical Migration to Cultural Inspiration

Program #23769 – Pickleball at Montreat (level 3.5 up)

Program #22387 – Agatha Christie, Classic Film Mysteries and Sherlock Holmes' Legacy

## **April 13 - 18**

Program #21968 – A Gardener's Delight: The Private & Public Landscapes of Asheville

Program #22396 - Curtain Up! Broadway Musicals in the Land of the Sky

Program #23769 – Pickleball at Montreat (beginner)

#### May 11 - 16

Program #21968 – A Gardener's Delight: The Private & Public Landscapes of Asheville

Program #22381 - Yoga for Wellness and Daily Living: The 8 Limbs of Yoga

Program #20141 - The Legacy of the Scots-Irish: Historical Migration to Cultural Inspiration

Program #21934 - The Art of Working Clay by Hand

## May 18 - 23

Program #21968 - A Gardener's Delight: The Private & Public Landscapes of Asheville

Program #22381 – Yoga for Wellness and Daily Living: The 8 Limbs of Yoga

Program #21023 - The Life and Works of C. S. Lewis: Inspiration, Belief and the Power of Language

#### May 25 - 30

Program #22381 – Yoga for Wellness and Daily Living: The 8 Limbs of Yoga

Program #23769 – Pickleball at Montreat (level 3.5 up)

Program #22387 - Agatha Christie, Classic Film Mysteries and Sherlock Holmes' Legacy

# August 3 - 8

Program #21023 - The Life and Works of C. S. Lewis: Inspiration, Belief and the Power of Language

Program #21934 – The Art of Working Clay by Hand

Program #23769 – Pickleball at Montreat (level 3.5 up)

#### August 10 - 15

Program #24011 – Movement Meets Mindfulness: Intermediate Yoga

Program #21968 – A Gardener's Delight: The Private & Public Landscapes of Asheville

## August 24 - 29

Program #24011 – Movement Meets Mindfulness: Intermediate Yoga

Program #21968 - A Gardener's Delight: The Private & Public Landscapes of Asheville

Program #22396 - Curtain Up! Broadway Musicals in the Land of the Sky

Program #23769 – Pickleball at Montreat (beginner)

Program #21934 – The Art of Working Clay by Hand

### September 7 - 12

Program #21968 - A Gardener's Delight: The Private & Public Landscapes of Asheville

Program #22381 - Yoga for Wellness and Daily Living: The 8 Limbs of Yoga

# September 14 - 19

Program #24011 – Movement Meets Mindfulness: Intermediate Yoga

Program #21968 - A Gardener's Delight: The Private & Public Landscapes of Asheville

## September 21 - 26

Program #23769 – Pickleball at Montreat (3.5 and up)

## September 28 - October 3

Program #22381 - Yoga for Wellness and Daily Living: The 8 Limbs of Yoga

Program #21968 - A Gardener's Delight: The Private & Public Landscapes of Asheville

Program #23769 – Pickleball at Montreat (beginner)

Program #20141 - The Legacy of the Scots-Irish: Historical Migration to Cultural Inspiration

#### October 5 - 10

Program #24011 - Movement Meets Mindfulness: Intermediate Yoga

#### October 26 - 31

Program #22387 - Agatha Christie, Classic Film Mysteries and Sherlock Holmes' Legacy

Program #22381 – Yoga for Wellness and Daily Living: The 8 Limbs of Yoga

Program #23769 – Pickleball at Montreat (3.5 and up)

Program #20141 – The Legacy of the Scots-Irish: Historical Migration to Cultural Inspiration

# November 2 - 7

Program #24011 - Movement Meets Mindfulness: Intermediate Yoga

Program #22387 - Agatha Christie, Classic Film Mysteries and Sherlock Holmes' Legacy

Program #22994 – The Beautiful and the Powerful of the Italian Renaissance

Program #22396 - Curtain Up! Broadway Musicals in the Land of the

#### November 9 - 14

Program #24011 – Movement Meets Mindfulness: Intermediate Yoga

Program #22387 – Agatha Christie, Classic Film Mysteries and Sherlock Holmes' Legacy

Program #22396 - Curtain Up! Broadway Musicals in the Land of the Sky

Program #20141 – The Legacy of the Scots-Irish: Historical Migration to Cultural Inspiration

# November 30 - December 5

Program #22381 – Yoga for Wellness and Daily Living: The 8 Limbs of Yoga (with Christmas special)

Program #20141 - The Legacy of the Scots-Irish: Historical Migration to Cultural Inspiration (with

Christmas special)

#### December 7 - 12

Program #24011 - Movement Meets Mindfulness: Intermediate Yoga (with Christmas special)