



Edition 9, updated 1/2024 || Scale 1:18929 || WGS 84/UTM zone 17N
Map presented using NAD 83 / North Carolina

-82°18'0"

35°39'0"



The Montreat Wilderness is the private property of Montreat Conference Center, a private organization that does not receive public money for the care of the wilderness and maintenance of our trail system. This area is a protected conservation area in partnership with the Southern Appalachian Highlands Conservancy and the State of North Carolina. The Wilderness area is intended for the spiritual renewal of our conferees and guests, and while anyone who visits here is our guest, we ask that you be respectful of our rules, and of your fellow hikers.

NOTE: We may periodically restrict access to the public for safety reasons or to accommodate our own programming.

- IN CASE OF EMERGENCY, CALL 911.**
- HIKE AT YOUR OWN RISK.** | Use caution and good judgement while visiting.
- TAKE PICTURES AND MAKE MEMORIES.**
- OBEY ALL POSTED SIGNS.** | Montreat’s trails pass near/through several private landowners with their own rules.
- PETS MUST BE LEASHED AT ALL TIMES.** | This Buncome County ordinance protects you, your pets, and the wildlife.
- PACK OUT WHAT YOU PACK IN.**
- TRAIL PARKING IS LIMITED AND TOWING IS ENFORCED.** | Overflow parking is available at Anderson Auditorium.

- WILDERNESS TRAILS ARE FOR FOOT TRAFFIC ONLY.** | Motorized vehicles, horses, and bikes are prohibited. Bicycles are allowed only on Rainbow Road, Appalachian Way, and the Old Mitchell Toll Road.
- STAY ON THE BLAZED TRAILS.** | Do not sidestep erosion measures or create new trails.
- HIKE TIMES AND DISTANCES LISTED ARE ONE-WAY, APPROXIMATE, AND ABILITY DEPENDANT.**
- Trails designated with ● require additional hiking through other trails to access. **NO VEHICLE ACCESS.**
- Some trails cross private property. Be courteous and stay on the trails.
- Some trails cross hunting grounds. Wear high-visibility clothing (blaze orange) during hunting season.

- ONLINE REGISTRATIONS ARE REQUIRED FOR CAMPING IN SHELTERS.**
- Camping and open fires are only permitted in the two shelter areas indicated on the map.
- KEEP THE SHELTERS CLEAN AND SAFE.** | Do not graffiti, vandalize, make fires inside of, or modify the shelters in any way. Shelters are the property of Montreat Conference Center.
- COMMERCIAL USE VENTURES OR GROUPS LARGER THAN TEN ARE PROHIBITED WITHOUT PRIOR APPROVAL.**

- Harvesting, hunting, foraging, or collecting is prohibited.
- Firearms and air-powered guns are prohibited within the Montreat Wilderness.
- Use of third-party applications to navigate is not recommended.

#	Trail Name	Difficulty	Blaze Color	Miles	Time	Notes
1	The Gate Trail	Easy	Blue ▲	0.95	30 min	
2	Rainbow Mountain Trail	Strenuous	Green ▲	0.63	50 min	
3	Rainbow Road	Easy	Orange ▲ 🚲	1.78	50 min	CAUTION: This trail traverses private property. Be courteous and stay on the trail.
4	Lookout Trail	Moderate	Yellow ▲ 👁	0.57	45 min	CAUTION: Steep, rocky terrain at top. Overlook of the Montreat/Swannanoa Valley.
5	East Ridge Trail ●	Moderate	Green ▲ 👁	2.48	2.5 hr	CAUTION: Trail border hunting grounds. Overlook of the Pisgah National Forest.
6	Hickory Ridge Trail ●	Easy	Blue ▲	0.12	5 min	
7	Buck Gap Trail ●	Moderate	Blue ▲	0.1	10 min	
8	Sanctuary Trail	Easy	Orange ▲	0.26	15 min	NOTE: Parking is extremely limited.
9	Rocky Head Trail	Strenuous	Orange ▲	0.73	1.5 hr	Trailhead located at the upper bathhouse in the Montreat Family Campground.
10	Stomping Knob Trail	Strenuous	Yellow ▲	0.97	2 hr	
11	Big Piney Ridge Trail	Moderate	Orange ▲ 👁	1.1	2 hr	Overlook of Swannanoa Valley and Black Mountain.
12	West Ridge Trail ●	Strenuous	Green ▲	2.74	4 hr	CAUTION: Hiking in Asheville Watershed prohibited. Have plenty of water/food.
13	Graybeard Trail	Moderate	Blue ▲ 👁	4.56	4 hr	NOTE: Parking is extremely limited. Overlook of North Fork Watershed and Pinnacle Mountain, Graybeard Falls.
14	Walker’s Knob Trail ●	Easy	Orange ▲ 👁	0.12	15 min	NOTE: Long hike up Graybeard Trail required to access. Overlook of Montreat Valley.
15	Julia Woodward Trail	Easy	White △ 👁	0.52	30 min	CAUTION: Parking is extremely limited. Overlook of Waterfall.
16	Harry Bryan Trail ●	Easy	Yellow ▲	0.37	30 min	CAUTION: Parking is extremely limited.
17	Rocky Knob Trail ●	Strenuous	White △ 👁	0.29	30 min	NOTE: Long hike is required to access. Trail owned by Montreat Cottagers.
18	Appalachian Way	Moderate	Unmarked 🚲	0.63	30 min	CAUTION: Trail borders hunting grounds. Biking prohibited Oct 1–Dec 31.
19	Old Trestle Road – Lower	Easy	White △	2.26	-	
19	Old Trestle Road – Mid	Easy	White △	1.37	-	
19	Old Trestle Road – Upper	Easy	White △	0.33	-	
20	Old Mitchell Toll Road	Easy	Unmarked 🚲	15.91	-	CAUTION: Trail runs through private hunting grounds. Biking prohibited Oct 1–Dec 31. Trail not owned by Montreat Conference Center.
21	Lower Piney Trail	Easy	Blue ▲ 👁	1.18	45 min	Overlook of Montreat Valley.