

this week in MONTREAT

A publication of Montreat Conference Center.

Your guide to summertime events, activities, shopping, and dining.

ISSUE

07

July 12–July 19, 2019

SPOTLIGHT

Did you know you can read the TWIM online? Just visit montreat.org/twim.

MONTREAT E-NEWS

If you want to stay up to date with Montreat Conference Center during the non-summer months, sign up for our regular e-newsletter at the bottom of our homepage montreat.org.

CONFERENCES THIS WEEK

Youth Conference Week 4: July 14-20
Theme: “Let Love Lead” More info?
montreat.org/myc.

MONTREAT CONFERENCE CENTER APP

Montreat has an app! Use it to keep up to date with conferences and events, maps, and more. To download the app, download “Yapp” in the Google Play or Apple Store. Enter the Yapp ID “MONTREAT.” Enjoy!



MONTREAT
CONFERENCE CENTER

*Encountering God through
Relationships, Renewal,
Recreation, and Rest*

TWIM SUBMISSIONS

Submissions for the TWIM should be brief and are due at noon on the Friday before the week the issue is published. Submissions should be made at www.montreat.org/twim or emailed to Hannah Beaver at creativeassistant@montreat.org. **There is no guarantee your submission will be accepted.**

FROM THE PRESIDENT

Can you name the Seven Sisters, the postcard-worthy range of peaks just north of Black Mountain?* It's a simple question about which the more one learns, the less one knows for sure. As Perrin Wright points out in his thoroughly researched *Geographic Place Names In and Around Montreat, N.C.*, there are more than seven peaks in the range, some of them so conspicuous that they have more than one name, others so inconspicuous that they merit not even one.

Jim and Marcia Verbrugge know one Sister particularly well, having owned for many years more than one hundred acres on the western face of Brushy Knob (or Big Piney Ridge to you, perhaps). If you have hiked Little Piney Ridge up to the West Ridge Trail, you have passed the Verbrugges' property to the west, situated in a notch on an aerial map between the boundary of the conference center's wilderness and the Asheville Watershed.

Last fall, the Verbrugges transferred 123 acres of their land in a bargain sale to the Southern Appalachian Highlands Conservancy, protecting the property from future development. This means that, while Marcia and Jim no longer hold property contiguous to Montreat, I submit that they remain Montreat neighbors in every sense of the word, especially to all who love the beautiful, unfettered views that our mountains provide. Marcia and Jim, bless you both!

*Looking north from the Lake Tomahawk dam, they appear, from west to east: Tomahawk (or “Solomon Morris”), Little Piney Ridge (“Stomping Knob”), an unnamed peak rising from North Fork (“Fourth Sister”), Brushy Knob (“Big Piney”), Forked Ridge Knob (“Fifth Sister”), Little Slaty, and Big Slaty (“False Greybeard”). And yeah, I had to look it up.

THIS SUNDAY IN MONTREAT

We are delighted to continue our summer worship series in which leading preachers from across the country join with visual and performing art professionals and volunteers in a service of worship open to the surrounding community. All are welcome and all are invited.

Preaching Sunday, July 14



The Rev. Dr. Amy Butler, *senior minister at Riverside Church, New York, NY*

Dr. Butler's sermon is titled “When God Gets Political” and draws on Amos 7: 1-17.

All summer worship services take place in Anderson Auditorium at 10:30am

montreat.org/events/summer-worship

THE MONTREAT STORE

As you explore the beautiful Montreat wilderness, be sure to preserve and protect by bringing one of our new stainless steel carabiner cups. Ideal for clipping onto a belt loop or backpack, it can go anywhere you do!



Mon–Fri 10:00am–7:00pm
 Sat 10:00am–5:00pm
 Sun Closed
 828.669.5298
 2nd floor, Moore Center

TEN THOUSAND VILLAGES



Cheery daisies adorn these charming dipping dishes, three color choices available. Find these and other treasures at Ten Thousand Villages.

Mon–Fri 10:00am–7:00pm
 Sat 10:00am–5:00pm
 Sun 1:00pm–5:00pm
 828.669.1406
 3rd floor, Moore Center

GALAX SUNDAY BUFFET

Stop by the Galax Dining Room at the Assembly Inn after worship to catch up with friends and family as you enjoy a feast for the body and the soul. This Sunday's menu:

Oven Roasted Turkey and Gravy
 Tempura Shrimp with Cocktail Sauce
 Parsleyed New Potatoes
 Vegetable Medley
 Honeyed Carrots
 Rolls and Butter
 Fruit and Salad Bar
 Assorted Desserts

Adults	Ages 5–11	under 5
\$15.00	\$7.50	FREE

PRESBYTERIAN HERITAGE CENTER

For more info:

www.phcmontreat.org
 828.669.6556
 318 Georgia Terrace in Montreat

Free admittance

HERITAGE CENTER HOURS:

Mon	10:00am–4:00pm
Tues–Fri	10:00am–4:00pm
Sat	1:00pm–4:00pm
Sun	1:30pm–4:00pm

More than 75,000 visitors have toured the PHC over the past decade to view more than 50 exhibits and scores of special events. With free admission and free parking, the center highlights the history of Montreat and Western North Carolina, as well as the heritage of the Presbyterian and Reformed churches and worldwide missions in its various exhibits.

Sunday, July 14, 6:30pm, Hymn Sing at the PHC (this week only)

Dessert at 6:30pm, Hymn Sing program at 7:00pm led by Montreat Summer Musician & Worship Leader Eric Wall.

Wednesday, July 17, 2:30pm Lecture in Upper Anderson

PHC staffers Nancy Midgette and Aspen Reynolds will discuss Montreat Youth Clubs and Camp Montreat, the topic of a new exhibit at the PHC.

C.S. Lewis, Tolkien, and more! Nearing Sold-Out Capacity

There are less than 125 reservations available for the nation's largest C.S. Lewis & Inklings Conference, November 6 – 8, 2019, in Montreat. Join the more than 400 participants who have already signed up. Among the speakers is the only surviving member of the Lewis family, stepson Douglas Gresham. For more information visit: www.montreat.org/events/cslewis

Exhibits Now at the PHC:

- Age of Reform: Child Labor
- Diplomats, Missionaries & Montreat: WWII
- Summers in Montreat: Youth Clubs & Camps
- Montreat Environment: History of Forest, Fires & Floods
- Presbyterians & Civil Rights
- Who Are Presbyterians?
- Montreat Pioneering Photographer: Alice Margaret Dickinson
- Minting A Tradition: Communion Tokens
- Won't You Be My Neighbor? Fred Rogers
- Knowledge: 250th Anniversary of the Encyclopedia Britannica

MONTREAT CAMPGROUND

Come and spend a couple of nights in Montreat's beautiful campground. Bring your children and grandchildren for an unforgettable experience. They will love this beautiful setting next to Flat Creek in the beauty of God's natural world. Some say the campground is Montreat's best kept secret, so give it a try. In our screen culture, camping is a new experience for most children. The cost for a site is \$25.00 per night plus tax. Contact the Assembly Inn front desk at **828.419.9844** or go online to montreat.org/campground-reservations to reserve your spot.



THE RUNDOWN

All events are open to the public.

SUN JULY 14, 2019

- 10:30am Summer Worship Service in Anderson Auditorium
- 11:45am Sunday Buffet at the Galax Dining Room
- 6:30pm Community Hymn Sing led by Eric Wall at the PHC
- 7:30pm Youth Conference Opening Celebration in Anderson Auditorium

MON JULY 15, 2019

- 8:45am Yoga in Freeland Hall
- 10:15am Pickleball at the Patricia Cornwell Tennis Courts. Cost is \$3.00 and can be paid to the BWYC staff.
- 7:30pm Youth Conference Worship in Anderson Auditorium

TUES JULY 16, 2019

- 2:00pm Bridge at the Gatehouse - open to the public (please RSVP to Judy Shillinglaw)
- 7:00pm **Tessellations and the Amazing World of M.C. Escher: A Meeting of Mathematics and Art** lecture by Dr. Kitty Fouche for the Arts, Music, and Theology Series at Lower Left Bank - montreat.org/amt
- 7:30pm Youth Conference Worship in Anderson Auditorium

WED JULY 17, 2019

- 2:30pm Montreat Adult Summer Club lecture by Nancy Midgette and Aspen Reynolds in Upper Anderson
- 7:30pm Youth Conference Worship in Anderson Auditorium

THURS JULY 18, 2019

- 8:30am Sitting Duck Cafe - Belk Center at Lower Left Bank
- 7:30pm Youth Conference Worship in Anderson Auditorium

FRI JULY 19, 2019

- 7:30pm Barn Dance
- 9:00pm Youth Conference Worship in Anderson Auditorium

SAT JULY 20, 2019

- 8:00am Second Loaf at Black Mountain Presbyterian Church

MONTREAT ADULT SUMMER CLUB DINNER & AUCTION

Get ready for the Montreat Adult Summer Club Dinner & Auction on Saturday, July 27, at 5:00pm at Assembly Inn.

This will be a buffet dinner with wine and beer. Auction proceeds will benefit Montreat Conference Center, Montreat College Scholarships, and the Presbyterian Heritage Center. Tickets are \$16 (cash or check) and will be sold at the post office from 10:00am-12:00pm, July 10-22 (except Sundays). **Free raffle ticket with each dinner.** Want to sponsor an event, donate a piece of your handiwork, or volunteer for a committee? Call **828.357.8488** or email montreatsummerclubauction@gmail.com

SECOND LOAF

Second Loaf collection will take place every Saturday from 8:00-11:00am at Black Mountain Presbyterian Church. Bring unused food (including leftovers) for distribution in the Swannanoa Valley. Stop by and help make a difference!

TOWN OF MONTREAT

The Town will be accepting specially printed green trash bags and specially printed blue recycling bags. These trash bags and recycling bags can be purchased at the Town Services Building. A box of five bags is \$5.00. Filled, pre-printed bags can be dropped off at the Town Services Building from 8:00am-5:00pm Monday through Friday. ONLY the special pre-printed bags will be accepted by the Town for disposal at the Town Services Building.

JULY YOGA CLASSES

Beginning on July 1, yoga classes will be offered on the third floor of Freeland Hall at 8:45am. Tickets for classes can be purchased for a single class or for the entire month of July. For more information and to purchase tickets visit:

[eventbrite.com/e/a-multi-level-hatha-yoga-flow-class-with-martha-nelson-tickets-6264366488](https://www.eventbrite.com/e/a-multi-level-hatha-yoga-flow-class-with-martha-nelson-tickets-6264366488)

FRIDAY NIGHT AT THE BARN

Join us every Friday for "Friday Night at the Barn." From 7:30pm-10:00pm we'll have music from the Stoney Creek Boys and calls by the Bannerman family. There will be plenty of big circle mountain dancing and novelty dances for the whole family! All are welcome and admission is free. *Best of the Barn* CDs of the novelty dances are available at the Montreat Store.

BUSINESS PATRONS

We are thankful for the support of our local businesses. To learn more about our business patrons, visit montreat.org/support/business-patrons.



WILDERNESS HIKING PROGRAM

The Ranger staff will offer two public hikes each Tuesday and Thursday during the conference season. There will be three Saturday full-day trips. Hikes will leave at 9:00am (unless otherwise noted) from the Nature Center located just below the Lake Susan dam. Please arrive by 8:50am. Half-day hikes are designed to return in time for Clubs pick-up at noon; full-day hikes will return mid to late afternoon. Wear sturdy, well-broken-in hiking shoes and bring water, snacks, and for longer hikes, a lunch. All hikes are free and open to the public. You must be 13 or older to attend a hike without an adult guardian. In the event of inclement weather, hikes may be altered, truncated, or cancelled. Please feel free to call the Nature Center at 828.669.9540 to check on trail conditions or hike cancellations.

Before you hike on your own, please come by the Nature Center or the Montreat Store for trail maps and advice. Remember to always file a "flight plan" with someone who is not hiking with you and follow it. Always bring food and water and wear appropriate clothing.

Emergency Services: 911
Montreat Nature Center: 828.669.9540

PACE GUIDELINES FOR HIKES:

Leisurely: There is no time crunch for this hike.

Moderate: This hike can afford a few non-scheduled stops.

Fast: This hike must leave on time; hikers may need to walk briskly to get back on time.

TUESDAY JULY 16, 2019

Half Day: Brushy Mountain—Pace: Moderate with fast paced and strenuous sections.

Full Day: Graybeard Mountain—Pace: Moderate; 11.9 miles total; 3,000 ft. gain

We'll take the Graybeard Trail to the Walker's Knob hiking shelter. After a snack and a quick side trip to enjoy the view from Walker's Knob we'll continue climbing the Graybeard Trail to the top of Graybeard Mountain, the highest point in Montreat. Excellent views (north toward Mount Mitchell) and wild country make this a truly memorable hike. After lunch at the summit we'll backtrack to Montreat.

THURSDAY JULY 18, 2019

Half Day: Lookout Traverse Loop—Pace: Easy with moderate sections.

Lookout Trail to Trestle, Trestle to Buck Gap, Toll Road back to Lookout and down.

Full Day: Two Sisters and a View—Pace: Leisurely; 4.2 miles total with strenuous and steep sections; 2,000 ft. gain

We will ascend Stomping Knob Trail, stopping to see the old moonshine stills. Turning north on the West Ridge, we will proceed to the top of Big Piney. We will stop for lunch at the aptly named Rattlesnake Rock, then continue our descent to Montreat via the Big Piney Trail.

SUMMER STAFF CORNER

From running projectors to running after children, summer staff gets things done. You'll see them around in red staff shirts. Say hello to the 2019 Montreat Summer Staffers!

