



# Welcome!

## Montreat @ Home 2020

Leader  
Resource

### Welcome to Montreat @ Home Leader Packet,

We know that this year's Montreat Youth Conference looks very different. While we are unable to gather inside the gate this summer, it is our hope that the resources provided will help your group experience, Montreat @ Home. The Leader Resource that you have in your hand (or in front of you on your screen) will serve as your guide when facilitating community building and conversation within your group around the theme, "We Are." We hope you will find these documents helpful to use as your youth experience faith formation from Montreat at home. Whether your youth will take part in the conference individually or your group plans to gather together, once it is safe to do so, we have you covered!

We have provided five "sessions" which can be adapted to the schedule you set for your group. You may decide to meet with your group five days in a row and move through one whole session each day. You may decide to break the sessions up and use the resources over five Sundays or five Wednesdays. You may choose to do every activity during the summer or save some for fall programming. You may have the option to meet in-person in small groups or you may be meeting via a virtual platform like Zoom.

Our goal was to create a flexible and expansive resource that meets the needs of various churches and settings, all with different restrictions in place. For our purposes, we are calling each piece of the packet a "session". Each session includes a **LISTENING** component and a **LIVING** component. The LISTENING component includes a Welcome, Message, and Faith Out Loud - an interview or podcast that relates to each session's theme. The LIVING component contains a packet of resources and materials you can use to lead the rest of the programming.

#### Here's a quick overview of the materials we have provided:

**A leader resource**, which will serve as your curriculum guide and includes an overview of the five "sessions." Each session is divided into four basic parts:

**Respond:** opportunities to respond to the message and the scripture via prompts in the participant journal

**Act:** options of activities that can be done to live out the scripture

**Connect:** options of activities you can use in a group setting, either on a digital platform like Zoom, or in person if you are able.

**Bonus:** a number of additional activities you can use now, if you have time, or down the road

#### Near the end of the leader resource you will find:

- ◇ **A Games Guide:** a listing of over 60 additional games you can play, divided according to in-person games and digital games.
- ◇ **An Energizer Guide:** a listing of nine energizers with a Spotify playlist, YouTube links and directions for energizer moves, as well as suggestions of ways you can utilize them if you are using Zoom or social media.
- ◇ **A Story Corps information document** to give you more information about this digital platform of story sharing we have used in some of the connect activities.

#### Additionally, You will have access to a separate set of documents for participants which will include:

- ◇ **A Participant Guide for each session** which you can share digitally with your youth. This Participant Guide can be used along with the journal to allow a youth to access links and participate in activities.
- ◇ **A Participant journal** which you can either print and distribute or share digitally with your youth. \*Encouraging youth to print this material at home, if not distributing from your church, is important. Many activities, opportunities for artistic expression and reflection questions are included.

Please know that we are praying for you as you move through the grief that comes with missing beloved summer events. We are cheering you on as you dig deep to provide faith formative experiences for youth in totally new ways. We are hoping you feel supported and appreciated for your gifts and for all the ways you minister to young people. May God bless you and keep you until we meet again.

**\*IMPORTANT:** When viewing a digital copy of this resource you will have everything at your fingertips! This means you have access to all video's, playlists & other resources right from the leaders guide and will be directed to the source online. Using your cursor simply hover and click on the provided images and hyperlinks found throughout the materials. To avoid any technical issues we recommend that you download a copy of the At Home Leader Guide to your computer, phone or tablet, rather than using the "view online function," to ensure all links will function correctly.