

2021 Road Scholar programs

(updated April 13, 2021)

August 8 – 13

Program 21023 The Life and Works of C. S. Lewis

August 22 – 27

Program #21968 A Gardener's Delight: The Private and Public Landscapes of Asheville

Program #22381 Beginning Yoga

August 29 – September 3 (at the Hinton Center)

Program #17288 Nature Hiking in the Southern Appalachian Mountains

September 12 – 17

Program #21968 A Gardener's Delight: The Private and Public Landscapes of Asheville

Program #22381 Beginning Yoga

September 19-24

Program #22381 Beginning Yoga

September 26-October 1

Program #22381 Beginning Yoga

October 3 – 8

Program #22381 Beginning Yoga

October 3 – 8 (at the Hinton Center)

Program #17288 Nature Hiking in the Southern Appalachian Mountains

October 10 – 15

Program #20141 The Legacy of the Scots-Irish: Historical Migration to Cultural Inspiration

Program #22381 Beginning Yoga

October 10 – 15 (at the Hinton Center)

Program #17288 Nature Hiking in the Southern Appalachian Mountains

October 24 – 29

Program #20141 The Legacy of the Scots-Irish: Historical Migration to Cultural Inspiration

Program #22381 Beginning Yoga

November 7-12

Program #22381 Beginning Yoga

Program Descriptions (listed by program number)

Program #17288 Nature Hiking in the Southern Appalachian Mountains

Lace up your hiking boots and explore the scenic trails and natural wonders of the Southern Blue Ridge Mountains in a small group with a hiking naturalist who reveals the wonders of wildflowers and mountain life. Walk along the southern portion of the Appalachian Trail, through the Nantahala National Forest and spend your evenings immersed in tales of Appalachian folklore and natural history.

Program #20141 The Legacy of the Scots-Irish: Historical Migration to Cultural Inspiration

From the 18th Century to the present, the saga of Scots-Irish history and culture is one of our nation's most fascinating stories. Trace the path of the Scots-Irish and discover why many settled in the Southern

Appalachian region, where they adapted to conquer adversities, tame the wilderness and became great inventors and explorers. Discover cultural traditions from the old country that found fertile ground in Appalachia, and see how music, story and dance flourished and took on new life in the isolation of mountain life.

Program 21023 The Life and Works of C. S. Lewis

Enjoy a comprehensive survey of C. S. Lewis' life and work. Led by a noted Lewis scholar, focus on his extraordinary imagination and how he presented a rational basis for Christian faith, powerfully, persuasively and delightfully developed in books and movies that have achieved worldwide popularity.

Program #21968 A Gardener's Delight: The Private and Public Landscapes of Asheville

Since Frederick Law Olmsted designed the landscape for George Vanderbilt's Biltmore Estate in the late 19th century, the people of Asheville, N.C. have prided themselves on the gardens and natural beauty of the region. Join local experts as they share their botanical knowledge and lead explorations to public spaces including the Biltmore Estate, the North Carolina Arboretum and the Botanical Gardens at Asheville. Then, enjoy guided visits to several private gardens owned by local residents.

Program #22381 Beginning Yoga

Join Road Scholar for a week of limber learning as you deepen your understanding of yoga and how you can use it to vitalize your daily life. During this yoga program for beginners, expert yoga instructors will introduce styles, postures and breathing techniques. Each day will include a morning and afternoon yoga practice for strengthening, healing and relaxation, as well as lecture time to address yogic concepts.