

Montreat Road Scholars – schedule for 2023 (by date)

February 26 – March 3

Program #22381 - Yoga for Wellness and Daily Living: The 8 Limbs of Yoga

March 5 - 10

Program #22381 - Yoga for Wellness and Daily Living: The 8 Limbs of Yoga

March 19 - 24

Program #20141 - The Legacy of the Scots-Irish: Historical Migration to Cultural Inspiration

Program #22381 - Yoga for Wellness and Daily Living: The 8 Limbs of Yoga

April 16 - 21

Program #21968 - A Gardener's Delight: The Private & Public Landscapes of Asheville

Program #24011 Movement Meets Mindfulness: Intermediate Yoga

April 30 – May 5

Program #21934 – The Art of Working Clay by Hand

Program #22396 – Curtain Up! Broadway Musicals in the Land of the Sky

Program #21968 - A Gardener's Delight: The Private & Public Landscapes of Asheville

Program #22381 - Yoga for Wellness and Daily Living: The 8 Limbs of Yoga

May 14 - 19

Program #21023 - The Life and Works of C. S. Lewis: Inspiration, Belief and the Power of Language

Program #21968 - A Gardener's Delight: The Private & Public Landscapes of Asheville

May 21 - 26

Program #21968 - A Gardener's Delight: The Private & Public Landscapes of Asheville

Program #22381 - Yoga for Wellness and Daily Living: The 8 Limbs of Yoga

Program #22994 – The Beautiful and the Powerful of the Italian Renaissance

May 28 – June 2

Program #21968 - A Gardener's Delight: The Private & Public Landscapes of Asheville

Program #20141 - The Legacy of the Scots-Irish: Historical Migration to Cultural Inspiration

Program #23769 – Pickleball at Montreat (beginner)

Program #24011 Movement Meets Mindfulness: Intermediate Yoga

August 6 - 11

Program #21023 - The Life and Works of C. S. Lewis: Inspiration, Belief and the Power of Language

Program #22381 - Yoga for Wellness and Daily Living: The 8 Limbs of Yoga

Program #23769 – Pickleball at Montreat (beginner)

August 13 - 18

Program #21968 - A Gardener's Delight: The Private & Public Landscapes of Asheville

Program #21934 – The Art of Working Clay by Hand

Program #22396 – Curtain Up! Broadway Musicals in the Land of the Sky

Program #23769 – Pickleball at Montreat (level 3.5 up)

Program #24011 - Movement Meets Mindfulness: Intermediate Yoga

September 10 - 15

Program #21968 - A Gardener's Delight: The Private & Public Landscapes of Asheville

Program #22381 - Yoga for Wellness and Daily Living: The 8 Limbs of Yoga

Program #20141 - The Legacy of the Scots-Irish: Historical Migration to Cultural Inspiration

September 17 - 22

Program #21968 - A Gardener's Delight: The Private & Public Landscapes of Asheville

Program #24011 Movement Meets Mindfulness: Intermediate Yoga

Program #22396 – Curtain Up! Broadway Musicals in the Land of the Sky

September 24 - 29

Program #22381 - Yoga for Wellness and Daily Living: The 8 Limbs of Yoga

Program #22387 – Agatha Christie, Classic Film Mysteries and Sherlock Holmes' Legacy

Program #22994 – The Beautiful and the Powerful of the Italian Renaissance

October 1 - 6

Program #22381 - Yoga for Wellness and Daily Living: The 8 Limbs of Yoga

Program #23769 – Pickleball at Montreat (beginner)

October 22 – 27

Program #24011 - Movement Meets Mindfulness: Intermediate Yoga

Program #22396 – Curtain Up! Broadway Musicals in the Land of the Sky

Program #20141 - The Legacy of the Scots-Irish: Historical Migration to Cultural Inspiration

Program #23769 – Pickleball at Montreat (level 3.5 up)

October 29 – November 3

Program #22381 - Yoga for Wellness and Daily Living: The 8 Limbs of Yoga

Program #22387 – Agatha Christie, Classic Film Mysteries and Sherlock Holmes' Legacy

Program #23769 – Pickleball at Montreat (level 3.5 up)

November 5 - 10

Program #22381 - Yoga for Wellness and Daily Living: The 8 Limbs of Yoga

Program #20141 - The Legacy of the Scots-Irish: Historical Migration to Cultural Inspiration

Program #22387 – Agatha Christie, Classic Film Mysteries and Sherlock Holmes' Legacy

November 26 – December 1

Program #22381 - Yoga for Wellness and Daily Living: The 8 Limbs of Yoga *(with a trip to the Biltmore Estate for dinner and candlelight evening and a trip to the Winter Lights at the NC Arboretum)*

December 3 - 8

Program #22381 - Yoga for Wellness and Daily Living: The 8 Limbs of Yoga *(with a trip to the Biltmore Estate for dinner and candlelight evening and a trip to the Winter Lights at the NC Arboretum)*